DOCUMENT



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Aalborg Portland basic safety rules	D-5101 UK

- 1. I must use personal protective equipment. Min.: industrial safety helmet, safety glasses (in accordance with the demands in the instruction D.5.8:2007 of the working environment authority about goggles), visibility clothing (corresponding to class 1 reflective wear cf. instruction 2.10.2-1:2015 of the working environment authority) and safety booties in areas where there are signs regarding this.
- 2. I must be fully concentrated, wherever I go. This means:
 - Hands on the railing of the staircases.
 - Both hands on the handlebars. Both hands on the wheel.
 - No use of hand held mobile phone, when I drive, ride my bicycle or walk outdoors.
- 3. I must use fall protection gear or scaffold when I do work above 2 metres.
 - However, use of scaffold above 2 metres without fall protection gear/scaffold is allowed at inspection up to 5 metres using footing or securing of the scaffold.
 - By use of elevator you must use fall protection gear or floor man, who are instructed in the emergency lowering.
- 4. I must use my personal safety interlock, when I work on equipment.
- 5. I must always perform" Think 5" or similar risk assessment, before I start my work.
- 6. Fit to work. I must always notify, if I am ill or not physically or mentally capable of working safely.
- 7. I must have conducted safety training. I must always notify, if I have not been instructed, so that I can perform safely.
- 8. I must immediately stop dangerous behaviour.
- 9. I do not work under influence of alcohol or psychedelic narcotics. I am prepared to be tested.
- 10. I must leave my work place orderly cleaned and with the equivalent security measures as when I started my work.

Compliance with safety rules is a prerequisite for working at Aalborg Portland.

Aalborg Portland will handle violations in accordance with internal rules.